IRELAND



WILD ATLANTIC WAY PASSPORT



WILD ATLANTIC WAY PASSPORT

The Wild Atlantic Way Passport will enhance your holiday experience in Ireland as well as acting as a recorded souvenir of your completed journey of all 188 Discovery Points along the world's longest coastal touring route.

The passport will serve as proof that you've travelled the astonishing 2,500km length of the coast, and is necessary to obtain your 'Certificate', the official document testament to your journey. The passport can only be purchased at selected Post Offices, please see overleaf for details. The cost of the passport is €10.

There'll be a reward when you buy your passport too – you'll be eligible to register for an annual draw, with the winner receiving a holiday of a lifetime along the Wild Atlantic Way. Register your passport at www.wildatlanticway.com/passport

A Stamp for Every Memory

Each beautifully designed passport has its own individual number, so it's unique to you and your visit. As you make your way along the winding stretch of coast that makes up the Wild Atlantic Way, you can collect 188 unique stamps, one for each of the discovery points along the route.



The route is divided up into six zones and when you receive 20 stamps in your passport please call to The Tourist Information Offices listed to receive a Wild Atlantic Way gift. If you have missed a stamp whilst in a zone you can call to the main Post Offices and the Tourist Information Offices highlighted.

THE WILD ATLANTIC WAY

Wherever you go along the Wild Atlantic Way, you will encounter moments of magic, moments to treasure and experiences that you will want to return to again and again.

Explore our Islands

Experience the awesome power, beauty and wonder of the Wild Atlantic Way up close and personal with a visit to some of the hundreds of islands scattered off the West coast. White sandy beaches, towering cliff faces, turquoise seas, history, heritage and culture all abound along the Wild Atlantic Way and nowhere more so than on the islands. The isolation of island life fosters a unique way of life with the environment having its own impact on its people, landscape, culture and tradition. On each island you'll experience unique characteristics, as if each is an individual nation.

The journeys to reach the islands of Ireland are as much a part of the experience and adventure as the islands themselves. For some you drive across impressive causeways and bridges, or for Dursey Island board a swinging cable car, but for most it is the island ferries that will bring you to your chosen island escape.

Lighthouses

For hundreds of years lighthouses have helped seafarers find their way. Now they shine their light on a truly unique experience around the stunning coastline of Ireland. Great Lighthouses of Ireland, is a new all-island tourism initiative, developed by the Commissioners of Irish Lights. Featuring lighthouses in breath taking coastal locations, the Light houses on the Wild Atlantic Way offers visitors from home and abroad the chance to visit or stay in a lighthouse, to find out about their history, to appreciate the

A journey of a lifetime

spectacular natural world around them, to discover the technology at work in lighthouses today and to meet the people who are passionate about these unique places. For you that have never stayed in a lighthouse.. Imagine being far from anywhere, but close to everything that's good for your heart and great for your soul. Fresh air. Incredible views. Nature around you. And the sea stretching out in front of you, vast, powerful and mysterious.

National Parks

The Wild Atlantic Way is home to five of the six National Parks in Ireland. These parks provides unique opportunities to interact with and observe some incredible wildlife, plant life and rare natural habitats. The five parks are Glenveagh National Park, Co. Donegal, Ballycroy National Park, Co. Mayo, Connemara National Park, Co. Galway, The Burren National Park, Co. Clare and Killarney National Park, Co. Kerry. These parks may vary in size dramatically in size and landscape. But they all have one thing in common – they're scenic wonders and havens for walkers.



THE WILD ATLANTIC WAY

Beaches

Ireland's beaches bring together all the ingredients for an unforgettable holiday. Whether you're looking for a quiet sandy spot or a famous surf break, the Wild Atlantic Way is the perfect place to experience the diversity of our coastline. Plus, many beaches along the coast have been awarded Blue Flag or Green Coast awards, attesting to their water quality, safety and environmental status.

Whale and Dolphin Watching

Almost one third of the world's species of whales, dolphins and porpoises, collectively known as cetaceans, have been recorded in Irish waters. In 1991 the Irish government declared Irish waters a whale and dolphin sanctuary - the first of its kind in Europe – and the Wild Atlantic Way is at the very heart of Ireland's whale and dolphin sanctuary. Our waters are also among the best in the world for sightings of the planet's second largest fish, the plankton feeding basking shark, which arrives in late spring but can be seen throughout the summer in settled waters.

Festivals

Some countries have seasons dedicated to festivals. The Wild Atlantic Way has an entire calendar. Kicking off in January and packing the months until December, festivals are in the hundreds, and know exactly how to catch our attention.

Some see international bands rocking exceptional outdoor venues. Others host traditional musicians in intimate pubs or on remote islands such as Valentia and Arranmore. Other events could see you on seafood safaris along the Wild Atlantic Way. One thing they all have in common? Fun.

A journey of a lifetime

Food

There's more to Ireland's west coast than sheer cliffs and sensational seascapes. All along the Atlantic, you'll find coastal communities whose boats have bobbed on the ocean for centuries, who catch and produce seafood with passion and dedication, and whose chefs know a thing or two about how to cook it. Prepare to taste the best seafood on the planet.



Taste the Atlantic: A Seafood Journey is a dedicated seafood trail, an adventure dotted with suggestions ranging from restaurants and cafés to farms, fishing ports and smokehouses. It's a route you can dip into or do in its entirety, an opportunity to explore Ireland's pristine oceans, to sample its food story, to enjoy an unforgettable taste of place on a plate. Seafood is where the Wild Atlantic Way meets Ireland's unique culture. It's about lobster and crab, salmon and mackerel, oysters and mussels plucked fresh from the heaving ocean. But it's also about the men and women who mix tradition and 21st century techniques to bring it from tide to table, to serve it just a few miles (or in some cases, just a few feet) from where it's caught. See the ocean. Meet the people. Feel the welcome. A taste of the Atlantic beckons, so bring an appetite... and your sense of adventure!

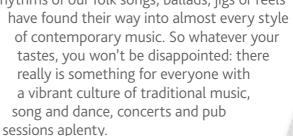


THE WILD ATLANTIC WAY

Traditional Music

If you like Irish music, maybe you already have a sense of the magic that awaits when you journey into the heart of traditional Irish music – the unique atmosphere of the live, local experience, the fusion of sounds and styles, old and new. You'll find the sounds of traditional music Céibh Bhaile

both mysterious and familiar, because the styles and na habbhan. rhythms of our folk songs, ballads, jigs or reels





A journey of a lifetime



WELCOME TO THE WILD ATLANTIC WAY

Buy your Wild Atlantic Way Passport at any of the Post Offices listed below. Having visited a Discovery Point identify one of the Post Offices holding that stamp from the numbers shown and call to get your passport stamped. We also have a number of Tourist Offices along the route supplying stamps, for listings please see overleaf.

DISCOVERY POINTS

NORTHERN HEADLANDS					
EXPAND, YOUR MIND, BODY AND SOUL IN DONEGAL					
DISCOVERY POINT STAMP	POST O	FFICES			
Inishowen Head	1	2	3		
Magilligan Point View	1	2	3		
Kinnagoe Bay	1	2	3		
Culdaff Beach	2	3	4		
Malin Head	3	4	5		
Pollan Bay	4	5	6		
Gap of Mamore	5	6	7		
Dunree Head	5	6	7		
Lisfannon Beach	6	7	8		
Inch Island	7	8	9		
Manorcunningham View	8	9	10		
Ballymastocker Strand	9	10	11		
Cionn Fhánada	10	11	12		
Bá Bhaile Uí Thiarnáin	11	12	13		
Island Roy View	12	13	14		
Ros Goill	13	14	15		
Doe Castle View	14	15	16		
Marblehill	15	16	17		
Horn Head	15	16	17		
Cé Mhachaire Uí Rabhartaigh	17	18	19		
Inis Bó Finne	17	18	19		
Toraigh	17	18	20		
Cnoc Fola	17	19	21		
Cé an Bhuna Bhig	18	20	21		
Gabhla	20	21	22		
Trá na Carraige Finne	20	22	23		
Cé Ailt an Chorráin	22	23	24		
Inis Fraoigh	22	23	24		
Árainn Mhór	23	24	25		

Narin-Portnoo Strand	23	25	26	
Malaidh Ghleann Gheis	25	26	27	
Málainn Bhig	26	27	28	
Sliabh Liag	27	28	29	
Cionn Mhucrois	28	29	30	
Bá Fhionntrá	29	30	31	
Mountcharles Pier	30	31	32	
Murvagh Beach	31	32	33	
Rossnowlagh Beach	32	33	34	35

If you have missed any stamps along the route in this zone they are also available at the main Post Office in Letterkenny & Donegal Town.

SURF COAST				
WIND AND WAVES OUT WEST				
DISCOVERY POINT STAMP	POST O	FFICES		
Tullan Strand	33	34	35	36
Mullaghmore Head	34	35	36	37
Streedagh Beach	36	37	38	
Rosses Point Beach	37	38	39	
Strandhill Beach	38	39	40	
Aughris Head	39	40	41	
Easky Pier	40	41	42	
Inishcrone Pier	41	42	43	
Ballina Quay	42	43	44	
Killala Quay	43	44	45	
Lackan Strand	44	45	46	
Downpatrick Head	45	46	47	
Céide	45	46	47	
An Bhinn Bhuí	46	47	48	
Ceann Iorrais	47	48	50	
Dún na mBó	47	48	50	
Ceann an Eanaigh	47	48	50	
Trá Oilí	48	49	50	
An Fál Mór	48	49	50	
An Fód Dubh	48	49	50	
Oileán Chloigeann	48	50	51	
An Ceann Ramhar	50	51	52	

If you have missed any stamps along the route in this zone they are also available at the main Post Office in Sligo & Ballina.

WELCOME TO THE WILD ATLANTIC WAY

BAY COAST				
AN OPEN AIR PLAYGROUND				
DISCOVERY POINT STAMP	POST C	FFICES		
Doran's Point	51	52	53	
Inis Bigil	51	52	53	
Claggan	52	53	54	
Dumhach Bheag	52	53	54	
Spanish Armada Viewpoint	52	53	54	
An Chéibh Bheag	53	54	58	
Cuan na hAisléime	53	54	55	
Trá Dhumha Goirt	53	54	55	
Keel Strand	53	54	55	
Keem Bay	53	54	55	
Croagh Patrick View	56	57	59	
Old Head	56	57	59	
Roonagh Pier	57	58	59	
Clare Island	57	58	59	
Inishturk	57	58	59	
Carrownisky Strand	57	59	60	
Silver Strand	57	59	60	
Doolough Valley	57	59	60	
Aasleagh Falls	57	59	60	
Killary Harbour	57	59	60	
Islands View	59	60	61	
Cleggan Harbour	60	61	62	
Inishbofin	61	62	63	
Omey Island	61	62	63	
Sky Road	61	63	64	
Derrigimlagh	61	63	64	
Bunowen Bay	63	64	65	
Port na Feadóige	64	65	66	
Glinsce	65	66	67	
Teach an Phiarsaigh	66	67	68	
Droichead Charraig an Logáin	67	68	69	
Trá an Dóilín	68	69	70	
Calafort Ros an Mhíl	69	70	74	
Inis Oírr	71	72	73	74
Inis Meáin	71	72	73	74
Inis Mór	71	72	73	74
Céibh Bhaile na hAbhann	70	74	75	
Aerfort Réigiúnach Chonamara	70	74	75	

Seanchéibh an Spidéil	74	75	76	
Trá na gCeann	75	76	77	
Salthill Promenade	76	77	78	
Rinville Park	77	78	79	
Traught Beach	78	79	80	

If you have missed any stamps along the route in this zone they are also available at the main Post Office in Westport & Galway.

CLIFF COAST

BEAUTY AND TRADITION FROM CLARE TO KERRY

Flaggy Shore 79 80 81 Ballyvaughan Pier 79 80 81	
Ballyvaughan Pier 79 80 81	
Murrooghtoohy 80 81 82	
Fanore Beach 80 81 82	
Doolin Pier 81 82 83	
Cliffs of Moher 82 83 84	
Clahane 82 83 84	
Lehinch Beach 82 83 84	
Spanish Point 83 84 85	
Doughmore Bay 84 85 86	
Kilkee Cliffs 85 86 87	
Bridges of Ross 86 87 88	
Loop Head 86 87 88	
Carrigaholt Bay 86 87 88	
Kilrush Marina 86 88 89	
Cappagh Pier 86 88 89	
Scattery Island 86 88 89	
Killimer Port 88 89 90	
Foynes Island Viewpoint 88 89 90	
Tarbert Port 88 89 90	91
Carrigafoyle Castle 89 91 92	
Beale Strand 91 92 93	
Ballybunion Beach 92 93 94	
Ballyheigue Beach 93 94 95	
Banna Strand 94 95 96	
Fenit Harbour 94 95 96	
Samphire Island 94 95 96	

If you have missed any stamps along the route in this zone they are also available at the main Post Office in Ennis, Shannon, Limerick or Tralee.

WELCOME TO THE WILD ATLANTIC WAY

SOUTHERN PENINSULAS					
THAT-EDGE-OF-THE-WORLD FEELIN	IG				
DISCOVERY POINT STAMP	POST C	FFICES			
Castlegregory Beach	96	97	99		
Srón Bhroin	97	98	99		
An Chonair	97	98	99		
Ceann Sléibhe	97	98	99		
Radharc na mBlascaodaí	97	98	99		
Cé Dhún Chaoin	97	98	99		
An Blascaod Mór	97	98	99		
Ionad an Bhlascaoid Mhóir	97	98	99		
Cuan an Daingin	98	99	100		
Inch Strand	99	100	101		
Rossbeigh Strand	100	101	102		
Mountain Stage	100	101	102		
Bray Head	101	102	103		
Geokaun Mountain	101	102	103		
Portmagee Harbour	101	102	103		
Skellig Michael	101	102	103		
Kerry Cliffs	101	102	103		
Coomanaspic	101	102	103		
Cé Bhaile an Sceilg	102	103	104		
Bá na Scealg	102	103	104		
Com an Chiste	103	104	105		
Cé Bhun an Bhaile	103	104	105	106	
Derrynane House	104	105	106	108	
Kilmakilloge	105	107	108	109	
Kenmare River View	107	108	109	110	
Dooneen	109	110	111		
Dursey Sound	109	110	111		
Dursey Island	109	110	111		
Gour	110	111	113		
Castletownbere Harbour	111	112	113		
Pontoon Pier	111	112	113		
Bere Island	111	112	113		
Whiddy Island View	111	113	114		
Glengarriff Harbour Blue Pool	111	113	114		
Garinish Island	111	113	114		
	111	113	114		
Bantry Harbour	113 113	114 114	115 115		
Whiddy Island	115	114	115		

Seefin Viewpoint	114	115	117	
Sheep's Head	114	115	117	
Altar	116	117	118	
Barley Cove	116	117	118	
Mizen Head	116	117	118	
Schull Harbour	116	117	118	
Colla Pier	116	117	118	
Long Island	116	117	118	

If you have missed any stamps along the route in this zone they are also available at the main Post Office in Killarney.

HAVEN COAST				
NATURE SETS THE PACE				
DISCOVERY POINT STAMP	POST C	FFICES		
Cléire	117	118	119	
Sherkin Island	117	118	119	
Heir Island	117	118	119	
Cunnamore Pier	117	118	119	
Baltimore Harbour	117	118	119	
Inishbeg	118	119	120	
Lough Hyne	118	119	120	
Toe Head Bay	118	119	120	
Galley Head	119	120	121	
Inchydoney Beach	120	121	122	
Timoleague Abbey	121	122	123	
Old Head of Kinsale	122	123	124	

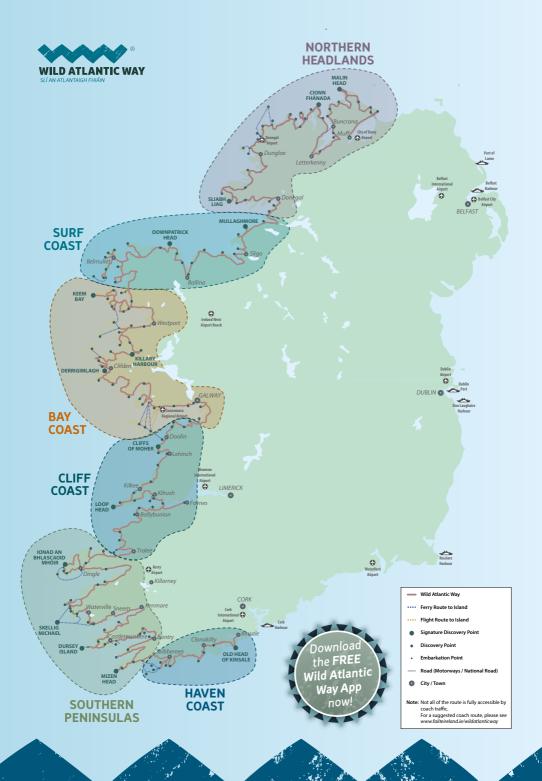
If you have missed any stamps along the route in this zone they are also available at the main Post Office in Clonakilty, Kinsale or Cork.

You can also buy your Wild Atlantic Way Passport in Dublin in the General Post Office and in St. Andrew Street Post Office.

POST OFFICES

11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 40 40 40 40 40 40 40 40 40 40 40 40	Moville Greencastle Culdaff Malin Head Ballyliffin Dunaff Buncrana Burnfoot Manorcunningham Rossnakill Ballylar Kindrum Carrigart Downings Creeslough Dunfanaghy Gortahork Tory Island Brinlack Bunbeg Derrybeg Annagry Burtonport Arranmore Island Portnoo Ardara Glencolmcille Carrick Kilcar Killybegs Mountcharles Ballintra Rossnowlagh Ballyshannon Bundoran Cliffoney Grange, Sligo Rosses Point Strandhill Dromard Easkey	45 46 47 48 49 50 51 52 53 54 55 56 61 62 63 64 65 66 67 68	Killala Carrowmore-Lacken Ballycastle Carrowteige Belmullet Clogher Bunnahowen Doohoma Ballycroy Mulrany Achill Sound Keel Westport Louisburgh Clare Island Leenane Renvyle Claddaghduff Inishbofin Clifden Ballyconneely Roundstone Carna Rosmuck Lettermore Carraroe Costelloe Inishere Inishmaan Kilronan Ballynahown Spiddal Barna Salthill Oranmore Kinvara Ballyvaughan Craggagh Lisdoonvarna Lahinch Miltown Malbay	88 89 90 91 92 93 94 95 96 97 98 99 100 101 102 103 104 105 107 108 109 110 111 112 113 114 115 116 117 118 119 120 121 122 123	Carrigaholt Kilrush Tarbert Foynes Ballylongford Asdee Ballybunion Ballyheigue Ardfert Tralee Castlegregory Ventry Dingle Annascaul Glenbeigh Portmagee Ballinskelligs Waterville Castlecove Sneem Kenmare Lauragh Eyeries Allihies Castletownbere Rerrin Glengarriff Bantry Kilcrohane Goleen Schull Ballydehob Skibbereen Castlefreke Clonakilty Timoleague Ballinspittle Kinsale
42	Inniscrone Ardnaree	85 86	Doonbeg Kilkee		■ POST





Call to our Tourist Information Offices for local information, advice, guidance and any Wild Atlantic Way stamps in that zone you may have missed along the route.

Northern Headlands

Donegal Town Discover Ireland Centre

The Quay, Donegal Town, Co Donegal 074-9721148

Letterkenny Tourist Office

Neil T. Blaney Road, Letterkenny, Co Donegal 074-9121160

Surf Coast

Sligo Tourist Office

Old Bank Building, O'Connell Street, Sligo Town, Co Sligo 071-9161201

Bay Coast

Westport Tourist Office

Bridge Street, Westport, Co Mayo 098-25711

Clifden Tourist Office

Galway Road, Clifden, Co Galway 095-21163

Aran Tourist Office

Kilronan, Inis Mor, Co Galway 099-61263

Galway Discover Ireland Centre

Aras Failte, Forster Street, Galway City 091-537700

Cliff Coast

Ennis Tourist Office

Arthur's Row (off O'Connell St.), Ennis, Co Clare 065-6828366

Limerick Tourist Office

20 O'Connell Street, Limerick City 061-317522

Tralee Tourist Office

Ash Memorial Hall, Denny Street, Tralee, Co Kerry 066-7121288

Southern Peninsulas

Dingle Tourist Office

The Quay, Dingle, Co Kerry 066-9151188

Killarney Discover Ireland Centre

Beech Road, Killarney, Co Kerry 064-6631633

Kenmare Tourist Office

Heritage Centre, Kenmare, Co Kerry 064-6641233

Haven Coast

Clonakilty Tourist Office

Ashe Street, Clonakilty, Co Cork 023-8833226

Kinsale Tourist Office

Pier Road, Kinsale, Co Cork 021-477 2234

Cork Tourist Office

Grand Parade, Cork City 021-4255100

CÚPLA FOCAL

Try a few words of our native language Gaeilge





Bought too many Souvenirs?

Do your suitcase a favour and post them home.









Start your journey on: www.wildatlanticway.com

For additional information:

- f www.facebook.com/irelandswaw
- www.youtube.com/wildatlanticway
- www.instagram.com/thewildatlanticway



Download the FREE Wild Atlantic Way App now!