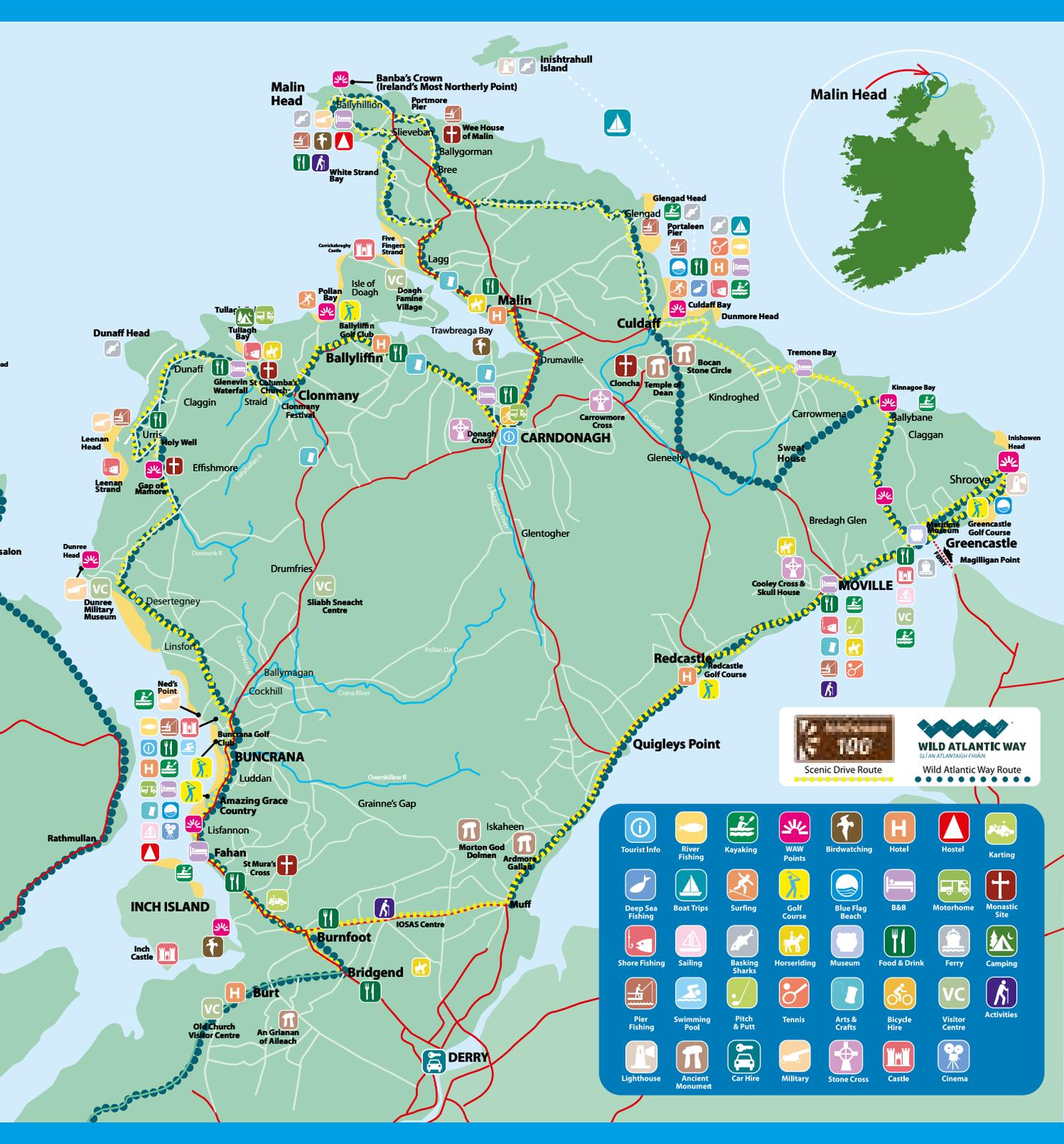




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**VISITOR GUIDE**



Scenic Drive Route

**WILD ATLANTIC WAY**  
SET IN AN ATLANTIC FAHARR

Wild Atlantic Way Route

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# THE RED DOOR COUNTRY HOUSE



The Red Door Country House built in 1789 is situated in the Northern Headlands section of Ireland's Wild Atlantic Way. Renowned for relaxed dining, intimate weddings, cosy bar with open fires & luxury accommodation. The Red Door Country House, Bar & Restaurant is situated on a 4-acre site overlooking Lough Swilly in Inishowen, Co. Donegal, North West of Ireland.

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# The Inishowen 100 – Coastal Scenic Route

The Inishowen 100 was named by the Irish Independent as one of the top ten scenic routes in the country. Officially starting in Newtowncunningham it hugs the coastline for one hundred miles finishing in Muff at the other end or entrance to the route whichever direction you travel it.

For the most part this route aligns with The Wild Atlantic Way; the world's longest coastal touring route covering an astonishing 2,500km.



## NEWTOWNCUNNINGHAM

Primarily an agricultural area, Newtowncunningham is surrounded by a rich and fertile landscape. Key sights include Blanket Nook and the Roman Catholic Church of All Saints, uniquely designed in the shape of a boat (representing St Peter's Barque). It is well worth a visit to view the varied artwork including a large oil painting by Thomas Ryan commemorating how the land for the first church here was granted by local landlord; Mr William Forward.

## BURT

This townland is steeped in history and boasts one of Inishowen's most iconic sites, An Grianán of Aileach. The ringfort stands on a summit 800ft above sea level and Grianan Hill has been the sentinel of Inishowen for over 3000 years. Grianán of Aileach also inspired the architectural 'masterpiece' of St Aengus' Catholic Church, which was designed in 1967 by Liam McCormack.

## BURNFOOT

Following the road from Burt to the village of Burnfoot, you will travel along an area which is known locally as the “Slablands”. The unusually flat land here is noteworthy as it was reclaimed from Lough Swilly at the end of the 19<sup>th</sup> Century; it remains one of the largest organic farms in Ireland today. Burnfoot - is the anglicised version of the name “Bun Na hAbhann” or “Foot of the River” and shows the Scottish influence locally, as “Burn”, a Scottish term for a small stream or rivulet. This is an excellent location to visit nearby Inch Wildfowl Reserve.

## INCH

Situated on the South West corner of Inishowen is Inch Island, attached to the mainland by a wide causeway. Between Inch Island and the mainland lies a region of drained polder land, which has an area of 1,200 hectares. Here Whooper Swans are of international importance with on average 6,000 birds overwintering. During the 15th century, Sir Cahir O’Doherty built a castle near the southern end of the island, parts of which are still visible today. There is also a fully functioning pier on the northern side of the island with easy access to Lough Swilly.

## FAHAN

This is the site of the ancient 7th Century Abbey of St. Mura. The cross of St. Mura marks his grave 654A.D. Other artefacts found here are the Wishing Stone and Greek Cross, both of which are set in the outer wall surrounding the site. Legible marked graves date from 1652 and include the names of the early plantation settlers of the area. Another grave worthy of note is that of Agnes Jones a nursing colleague of Florence Nightingale, who died in 1868. Across the road in the grounds of the Protestant Church is the mass grave of 68 victims of H.M.S Laurentic which was lost on January 26th, 1917 at the mouth of Lough Swilly following an attack by a German U-Boat. A major claim to fame for this village is that Cecil Frances Alexander, wife of the then Anglican Bishop of Derry, wrote “There is a Green Hill Far Away”, “All Things Bright and Beautiful” and “Once in David’s Royal City”, while living in the local rectory. The focal point of Fahan is the Lough Swilly Marina, which provides a sheltered anchorage for 400 boats and yachts.

## BUNCRANA

The principal and largest town in the peninsula, Buncrana sits prominently on the shore of Lough Swilly, which translates, from Gaelic into the very appropriate “Lake of Shadows”. The importance of Lough Swilly to Buncrana during WWI became

evident when Admiral Jellicoe moved his grand fleet from Scapa Flow to Lough Swilly. The Clan Ó'Dochartaigh has had a long affiliation with this town. The historic Ó'Dochartaigh's Keep at the entrance to Swan Park sits beside Bunrana Castle, which is accessible via the Crana Bridge. This is also the starting point of the coastal walk to Fr Hegarty's Rock. Nearby is the location where the famous Irish revolutionary, Theobald Wolfe Tone, was captured on board a French warship during the 1798 rebellion. The town today has an abundance of bars and restaurants, nearby beaches and a children's play area.

## DUNREE & DESERTEGNEY

Fort Dunree, perched majestically on a rocky outcrop overlooking Lough Swilly, demonstrates its vital role in coastal defence and neutrality protection with a complete expose of coastal artillery. The military museum has an array of artefacts, while the local cafe boasts to be 'The most scenic coffee shop in Ireland.' Newly developed hillside walks enable visitors to get breathtaking views of the Atlantic and Fanad Head. The monastic site of Desertegney is dedicated to St. Columba and the area is one of spectacular scenery overlooking Lough Swilly. In the distance lie the Urris Mountains; the famous Gap of Mamore.

## MAMORE GAP

This has to be one of the most breathtaking locations in Donegal. Located five miles North of Bunrana, Mamore Gap passes between Mamore Hill and Urris at 800ft above sea level. This is a favourite spot for tourists and locals alike with its spectacular views of the Inishowen Peninsula and beyond to the broad sweep of the Atlantic Ocean. For the energetic it's the starting point of the Urris Lakes Loop and Butlers Glen Loop Walking Trails.

## URRIS

The trip down from the Urris Mountains, through the Gap of Mamore, towards Urris takes you on the steep winding road which is one of the most breathtaking in the country. The magnificent vista before you and below you stretches all the way to Dunaff Head. On a clear day you can see Tory Island. At the base of the mountain lie five beautiful Irish cottages, painstakingly restored to their original condition.

## CLONMANY

Clonmany is located next to a river and overlooked by four imposing and awe-inspiring mountains; Bulbin is 1,500ft (457.1m), Raghtin More is 1,656ft (504.7m), Binion is 830ft (252.9m) but towering over them all is Inishowen's tallest, Sliabh Sneacht which is a mighty 2,019ft (615.3m). Just south of the village, is a short, but exceptionally rewarding walk through a wooded stream valley. It follows a very gradual incline over gravel paths coming to an end at an impressive waterfall; Glenevin Waterfall. There are picnic areas along the route to stop and enjoy the area. This traditional Irish village is home to the famous Clonmany Festival, Ireland's longest running and best known family festival.



## BALLYLIFFIN

One of the highlights of this delightful little seaside resort is its magnificent stretch of golden sands, over 2 miles in length, known as Pollan Bay Beach which is superb for surfing. There is also a children's playground at the beach. Carrickabraghy Castle, built around '1500 AD' was a stronghold of the Clan Ó'Dochartaigh, one of its original occupiers being Phelemy Brasleigh Ó'Dochartaigh. It is accessible by walking along the beach. Ballyliffin is also home to one of Ireland's finest golf clubs with two outstanding, but contrasting links courses.

## ISLE OF DOAGH

Doagh Island is situated on the route from Ballyliffin to Carndonagh. This was an island until after the Ice Age, when melting ice left the sea at more than 50 meters below the present level. 6,000 years ago it was again an island to the mainland and wave action pushed ashore sand which was blown into dunes. There are records showing the Isle of Doagh itself inhabited as far back as the early 9th Century. The Isle of Doagh (BarMouth or Lagg) is a wonderful location for sea trout fishing, spinning or free lining Sand Eel from both sides of the channel.

## CARNDONAGH

The chief glory of this market town is the famous St. Patrick's Cross, dating back to the 7th century. It is one of the very early Christian crosses outside mainland Europe. The cross is 11ft. 6 inches in height and is regarded as one of the finest examples in Ireland of low relief carving. Alongside the cross are two pillar stones each carved on all sides. The most impressive sight to greet the visitor en route into town is the magnificent granite-built Sacred Heart Church, which towers above the town centre where four roads from the main compass points meet. Every single stone for this magnificent building was hand-carved and laid by Master Stone Masons from all over Ireland.

## MALIN

An interesting and unspoilt 17th century plantation village picturesquely situated at the head of Trawbreaga Bay. A Key feature is the bridge crossing the Ballyboe River; its ten arches spanning the bay. It is the second largest stone bridge in Ireland. The original triangular village green is still intact, planted with limes, sycamore and cherries, and recently with oaks to commemorate the Ó'Dochartaigh Clan. The Church of Ireland parish church has a fine three state battlemented tower with square pinnacles. The Lagg Road to Malin Head takes the visitor along the shores of Trawbreaga Bay. The Bay is an area of regional ornithological importance and has been declared a wildlife sanctuary.

## MALIN HEAD

Visitors should not miss Banba's Crown, Malin Head. It is not just Ireland's most northerly point, but an area of great scenic beauty and of historical, scientific and ecological importance. The circuit of the Head will take you past the Radio Station, built in 1910. Here a tall derelict building known locally as "The

Tower” was built by British Admiralty in 1805 to defend against a possible French invasion during the Napoleonic wars. It was used later as a Lloyds Signal Station. During the Second World War, the small huts were built and used by our defence forces to keep a lookout and protect our neutrality. It is a perfect starting point for a ramble along the cliffs to Hell’s Hole, a remarkable subterranean cavern 250 feet long and 8 feet wide. Nearby is a picturesque natural arch which is known as Devil’s Bridge.

## GLENGAD

For generations Glengad has been a traditional fishing area, a practice still continued today. At Glengad, the visitor can take in views of Inishtrahull, Rathlin Island and further out to sea to the Western Isles of Scotland.

## CULDAFF

This picturesque village has two fine stone bridges and a triangular green featuring a now disused pump house. In Culdaff River you can see St. Boden’s ‘Boat’, a stone in which he is said to have crossed from Scotland. Only the sceptic will doubt the marks of his fingers! Situated on a pretty estuary, the sandy beach has attained Blue Flag status. Culdaff is a fine walking area with cliff scenery stretching North-West to Malin Head and Southwards to Inishowen Head. The famous Shakespearean actor, Charles Macklin, was born here.

## KINNAGOE BAY

The scenery as you approach this beautiful cove is breathtaking. When you descend to the beach you feel as if you are in another world, feeling totally cut off by the sea in front and the sheer cliffs to every side. Glenagivney, called the “Queen of the Inishowen Glens,” runs inland from Kinnagoe Bay towards Lecamy. An example of an ancient sweat-house can be found in Lecamy. It is believed that the almost enclosed chamber was heated like an oven and people crept in and then, having been sweated, rushed out to immerse themselves in cold water. Tradition has it that they were used as a cure for rheumatism. It was also just off Kinnagoe Bay in 1970/71 that divers found the Spanish Armed Transporter, La Trinidad Valencera. On September 14th 1588, this 1,100 ton wooden ship had limped into anchor offshore then sank two days later.

## BOCAN, GLEENEELY, CARROWMENAGH, REDFORD

Bocan, Gleneely, Carrowmenagh and Redford are areas that contain possibly the widest range and greatest number of historical sites and ancient monuments in Inishowen. Among the ancient sites to visit in these areas are, Cloncha Church, Cross of St. Boden, Larrahirril Court Tomb, Bocan Stone Circle, Kindroyhead Standing Stone and Carrowmore High Cross. These areas have also been the birthplace of many well-known authors who have contributed greatly to our knowledge of our past and still continue to supply us with some wonderful reading material. Brian Bonner, Sean Beattie, John A. McLaughlin, Hazel Clarke/McIntyre, Evelyn Ruddy, Neil McGrory and Bridget O'Toole have written some superb works on various aspects of life in the area as well as local and general history. Nearby is Tremone Bay where in 1848 a Young Irelander, Thomas D'Arcy McGee escaped from his pursuers and eventually ended up in Canada where he became one of the founders of the Confederation of Canada and a Government Minister.

## GREENCASTLE

This is a popular resort with a fine beach. It is an important commercial fishing port. It was once a place of historical importance. Richard de Burgo (often latinised as Richard de Burgo), the Red Earl of Ulster, selected the place as a site for a castle to dominate the O'Donnells and the O'Dohertys of Inishowen. This village has been synonymous with the sea for centuries and many generations of its people have sailed the seven seas. It is therefore only fitting that there is a Maritime Museum and Planetarium that houses hundreds of relics of the sea. The Irish National Fisheries College is also located here preparing young men and women for a life at sea. During the summer months, the ferry crosses the Foyle to the Causeway Coast – it links Greencastle with Magilligan Point; both popular seaside locations.

## STROOVE

A favourite walk in Stroove (known locally as Shroove) leads to Port-a-doris - Port of the Door. The "Door" to the lovely cave is a natural arch. Here is a wishing well, where those who drink the water are said to have their wishes granted. Near Stroove, there is an ancient cross-inscribed pillar stone and a small modern cross. A spring dedicated to St. Colmcille spouts near the stone. The saint is said to have stopped here for water on his way to Iona. Located close to Inishowen Head, this area has many lovely small coves including a beautiful sandy beach known as "The Big White Bay" overlooked by Stroove Lighthouse. Stroove

has a European Blue Flag Beach with the standards that apply to this type of accreditation, it ensures that this beach is also an excellent place for bathing.

## MOVILLE

This is a busy scenic market town, located along the banks of Lough Foyle. Moville also is the ancestral home of Field-Marshal Montgomery of North Africa and El Alamein fame; it is called New Park House. To further emphasise this link, overlooking the shorefront is a row of wonderful Victorian houses built in 1884 and named Montgomery Terrace. These houses have all been tastefully restored to their former glory. This location is also the starting point to the Moville-Greencastle coastal walk.

## REDCASTLE

Ancient maps show two prominent castles along the banks of Lough Foyle, one of Redcastle, which was then called Caire MacEwlyn, and the second at Whitecastle, once called Garnagall. Both castles belonged to the Clan Mc Laughlin. Sadly, nothing remains of these castles today.

## QUIGLEY'S POINT

The village of Quigley's Point is also known as 'Carrowkeel' Located on the eastern shore of the Inishowen peninsula, overlooking Lough Foyle. Quigley's Point lies on the main road between Derry City and Moville and is a key Junction for travellers heading for most areas of North Inishowen.

## MUFF

This small village on the border of Donegal and Derry has a Church of Ireland built by the Harts of Kilderry House which dates from 1737. The house itself, part Palladian in design, dates from the 18th century. Muff is in the parish of Iskaheen or in Gaelic, Uisce Chaoin, "pure waters" - because of a holy well near an ancient church. This parish has numerous famous historical connections. One is the ruin of an old church, which lies outside the village opposite the existing Catholic Church of St. Patrick. This old ruin with its graveyard is reputed to date from the 8th century. The second famous item in this parish is the plaque inserted in the wall of this same old church, which reads: "Eoghan, Prince of Inishowen, Son of Niall of the Nine Hostages, died 465 of grief for his brother Conall. Baptised by (Saint) Patrick and buried in Uisce Chaoin." The third is the "Giant Stone," locally known as the "Morton God Dolmen". It is a collapsed dolmen or an ancient burial place, thought to be the largest in Inishowen. Such monuments were used as graves for chieftains and also as "altars" for pagan worship.

# Must Sees

## BURT CASTLE



One of Donegal's best known castles due to its prominent location along the Derry-Letterkenny road, Burt castle was constructed during the reign of Henry VIII and an exciting discovery of coins from 1525 and

1547 was made close by. A castle of strategic importance to the Ó'Dochartaigh's, it eventually fell to English control in 1608 after Cahir O'Doherty's failed rebellion in which he sacked the English ruled Derry, Lifford & Strabane. Though noted to be in ruin by 1833, the castle remains an impressive historic sight and while situated on private ground, it can be viewed quite closely from the nearby road.

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## GRIANAN OF AILEACH



An Grianan of Aileach Stone Fort was reconstructed in 1870 and built on the site of the original 1700BC ring fort located in Burt. High on a hilltop 800 feet above sea level, the ancient fort looks out over the beautiful waters of

Lough Swilly and Lough Foyle, providing breathtaking views of Inch Island below, and an excellent panorama of Counties Donegal, Derry, Tyrone and Antrim.

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## INCH WILDFOWL RESERVE



As Ireland's premier wetland site, the Inch Wildfowl Reserve is a Special Protected Area under the EU Birds Directive. It is an internationally significant destination for thousands of migrating birds from three

different continents; including geese, swans, ducks and other waders. The infrastructure at the reserve caters for outdoor recreational activity such as walking, running and cycling on a popular 8km looped path with seating, and viewpoints. There are also a number of bird hides which are open to the public. This scenic pathway follows around the lake edge and offers panoramic views of the surrounding agricultural landscape and wetlands.

## ST MURA'S CROSS

The site of the ancient Abbey of St. Mura lies in Fahan Village. This monastery flourished during the seventh century. The most interesting object from this period is the cross of St. Mura, thought to mark his grave of 654A.D. The stone slab bears an interlaced cross on each face, and on one side there are two figures flanking the foot of the cross and bearing an undecipherable inscription on their garments.



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## AMAZING GRACE COUNTRY

Ireland's beautiful Lough Swilly was the setting for a dramatic story which changed the life of a foul mouthed slave trader; John Newton. In 1748, Newton, then a slave trader, was sailing to England when his ship was caught in a violent storm. When all hope was lost, he found refuge on the shores of Lough Swilly. Believing God had saved him he changed his ways and went on to pen one of the most famous and well-loved songs of all time - "Amazing Grace". The Amazing Grace Park is located beside the tourist office and a short walk along the shore takes you to The Amazing Grace Viewing Point.



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## O'DOHERTY'S KEEP

Located beside Crana Bridge, The Keep was originally constructed between 1410-30 as a two storey building with a third storey added in 1602 for Sir Cahir Rua O'Doherty, the last Lord of Inishowen. After O'Doherty's failed rebellion and subsequent death in 1608, the English Crown's Lord Deputy Arthur Chichester claimed it. In 1610, during the Plantation of Ulster, he in turn leased the 'Keep' to Captain Henry Vaughan whose grandson Colonel George Vaughan built Buncrana Castle between 1716-18.



## CRANA BRIDGE



The omnipresent symbol of Buncrana, Crana Bridge is a six arched stone bridge leading to Buncrana Castle, built by George Vaughan in 1718; now a private dwelling. The original town of Buncrana was citted by the castle but was subsequently moved by Vaughan to the present day main street. The bridge is located at the entrance to Swan Park which is a much loved amenity, ideal for leisurely river walks.

---

## FORT DUNREE



In the Irish language Dunree translates as Dun Fhraoigh, meaning, "Fort of the Heather," indicating that it was an important defensive location throughout history. Today however, its stunning natural beauty, abundant wildlife, military museum, coastal artillery display and "The most scenic coffee shop in Ireland" are drawing increasing numbers of visitors to one of Inishowen's most beautiful locations.

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## GLENEVIN WATERFALL



This stunning waterfall is located on the outskirts of the village of Clonmany. Its wedge shape cascades fresh mountain water descending over black rock from an astounding height of 30 feet. A designated car park, walkway and picnic areas are provided. The entrance to the waterfall car park can be found beside The Glen House B&B.

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## CARRICKABRAGHY CASTLE



On the Isle of Doagh near Ballyliffin are the ruins of what was once an impressive 16<sup>th</sup> century structure, Carrickabraghy Castle. It is situated on an imposing rock formation at the edge of the Atlantic Ocean with wonderful views. The castle has undergone significant conservation work making it an excellent site to visit for anyone with an interest in Irish history or the Ó'Dochartaigh Clan Castles.

## ST PATRICK'S CROSS



St. Patrick's Cross is situated in Carndonagh and dates back to around the 7th century, making it one of the very early Christian crosses outside mainland Europe. The cross is beautifully decorated with carvings which reflect both

the Christian traditions with biblical reference and also the older Celtic art of interlacing patterns. This suggests the success achieved in converting the Irish from a Druid based religion to Christianity.

---

## KNOCKAMANY BENS

The Lagg road to Malin Head takes the visitor along the shores of Trawbreaga Bay. The Bay is an area of regional ornithological importance and has been declared a wildlife sanctuary. The road rises sharply following the coastline around the Knockamany Bens with magnificent views of



Trawbreaga Bay from the car park. On a clear day Tory Island can be seen to the west. One of Donegal's most beautiful beaches is at Lagg, known as the "Five Fingers Strand". It has some of Europe's Largest Sand Dunes which began to form in their present position about 5000 years ago. The tough marram grass grows best when sand is blown on top of it and here great sand hills up to 30 metres high have been built up by the action of wind blowing sand from the beach.

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## NORTHERN LIGHTS



As the most northerly point in Ireland, Inishowen is undoubtedly the best place on the island in which to witness the astronomical phenomenon of aurora borealis. Due to the low light pollution, Malin Head, Dunree,

Mamore Gap and Dunaff are prime locations in which to get the perfect photograph, while [softserve.com](http://softserve.com) provide real time maps and updates on the likelihood of the northern lights being visible.

## MALIN HEAD



Malin Head is the location of Ireland's most Northerly Point. It is a signature point for anyone doing a tour of the Wild Atlantic Way. The tip, Banba's Crown is named after Banba, a goddess of the Tuatha Dé Danann, the mythological tribe said to have lived in Ireland in ancient times. Banba and her sisters Ériu and Fódla became the patron goddesses representing the sovereignty and the spirit of Ireland. Standing high at Banba's Crown is a grey derelict building locally known as 'The Tower' Initially constructed by the British Admiralty in 1805 as a Napoleonic lookout tower to help defend against a possible French invasion. It was later taken over by Marconi as an important signal station for news between America and Europe though modern technology has since made it redundant. In 1870 the first weather reports were recorded, and in 1902 the first wireless message was sent from Malin Head to the ship S.S. Lake Ontario Natural attractions along the cliff edge include a spectacular subterranean cavern known as "Hell's Hole" and a natural arch called "Devil's Bridge". On a good day the Scottish Islands, Tory Island and nearby Inishtrahull Island are visible.

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## BOCAN STONE CIRCLE



This impressive monument is situated near the village of Culdaff located on pasture land near St. Mary's Church Bocan just outside the village of Culdaff. With a diameter of 65-75 feet, originally consisting of 30 standing stones (of which 12 remain upright) Bocan Stone Circle's impressive six feet high orthostats evoke images of life in Inishowen five millennia ago.

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## THE TEMPLE OF DEEN



The well preserved remains of a megalithic tomb dating from 1500BC-2000BC, the Temple of Deen (sometimes referred to as Laraghill Cairn) is situated on the opposite side of the road from the Bocan Stone Circle.

## LA TRINIDAD VALENCERA



It was just off Kinnego Bay in 1970/71 that divers found the Spanish Armada Transporter, La Trinidad Valencera, a 1,100 ton wooden ship. It was badly damaged in a storm and had limped into anchor offshore on

September 14th 1588 but sank two days later. Many artifacts have been recovered from this vessel and can be seen in the Tower Museum in Derry.

---

## CNOC AN UININN, GLENEELY - SPITFIRE MEMORIAL AND VIEWING POINT

On November 30<sup>th</sup> 1941, a RAF Spitfire was just 3 minutes flying time away from his base at Eglinton Airport when 23 year old Roland 'Bud' Wolfe (he was from a unit made of completely American personnel) had to bail out of his aircraft before it crashed into the bog half a mile away. Seventy years later that Spitfire was located by a team led by aviation historian, Jonny McNamee. Marking the location today is a memorial plaque with a panoramic view.

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## NORTHBURGH CASTLE



In the village of Greencastle, is the much ruined but still impressive structure "Northburgh Castle". It was built by Richard de Burgh (De Burgo), The Red Earl of Ulster, in 1305. On a prominent rock, close to the shore it was strategically

important to protect Gaelic Ulster from invasion. This awesome building utilised the advanced construction techniques of the Normans and the remarkable use of the natural rock to build a fortress intended to prevent attacks from Scotland and to act as a staging post for the final assault on the heartlands of Gaelic Ulster.

Keep a copy of this handy little guide in your pocket to reference as you travel and keep updated on our one stop shop to all you need to know about Inishowen on our website:- [www.govisitinishowen.com](http://www.govisitinishowen.com).

# Leisure Activities & Attractions



Golf

There's a fantastic variety of exciting and interesting attractions and activities in Inishowen to suit just about everyone here. It could be a gentle stroll along a sandy beach to scaling sea-stacks on the rugged coastline; angling on a local river or spotting basking sharks on the Atlantic Ocean. Take a bike or go horse riding, go karting, kayaking, surfing or diving; whatever your age, whatever your pace, there's something for you to enjoy in Inishowen.

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## Inishowen Maritime Museum

has an extensive collection of artefacts, exhibitions and memorabilia of all things maritime. We also have a full dome theatre showing a variety of shows daily. **Other amenities:** Café - Nautical gifts, local crafts & fishing tackle shop. Car/Coach Parking. **We look forward to seeing you soon!**

### May - September Opening Hours

Tuesday - Saturday: 10.00am - 5.30pm, Sunday: 12.00pm - 5.30pm  
Closed Monday (except Bank Holidays)

**Winter Opening Hours** Monday - Friday: 10.30am - 4.00pm

### Museum is open all year round.

Old Coastguard Station, Greencastle, Inishowen Co. Donegal

t: 074 93 81363 e: greencastlemaritime@outlook.com

www.inishowenmaritime.com Facebook: Inishowen Maritime



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### **How to book**

To book a craft workshop or weekend go to our website

[www.clonmanycommunitycentre.ie](http://www.clonmanycommunitycentre.ie)



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**Clonmany Community Centre,  
Clonmany, Donegal F93 XV88**

**TEL: +353 7493 76772**

[www.clonmanycommunitycentre.ie](http://www.clonmanycommunitycentre.ie)



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# Visit Muff Community Park!

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Tourist Information Available



This Multi Use Community Venue boasts a Playground, Multi-Use Games Area, Open Parkland, Tourist Information Point, Outdoor Gym Equipment & 'The Cabin' Coffee Shop/Café

IDEAL FOR A FAMILY VISIT, COFFEE DATE OR  
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## SPRING/SUMMER PROGRAMME

5k Family Fun Run

Friday 29th April 7pm

Irish Escort Club Show

Sunday 1st May 11am-4pm

Muff Vintage Car Show

Sunday 22nd May 12-5pm

Family Fun Day

Sunday 10th July 2-5pm

Tractor Run

Sunday 25th September 11am



Birthday Parties and other special events are now catered for at Muff Community Park, to book or for further information contact 93 84572

  Muff Community Forum



 Merville, Co. Donegal

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 Bookings Only  
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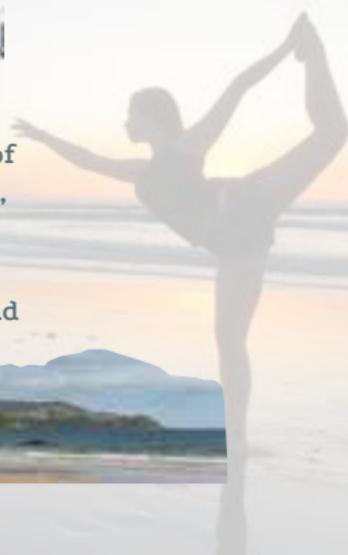


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# Golf Club

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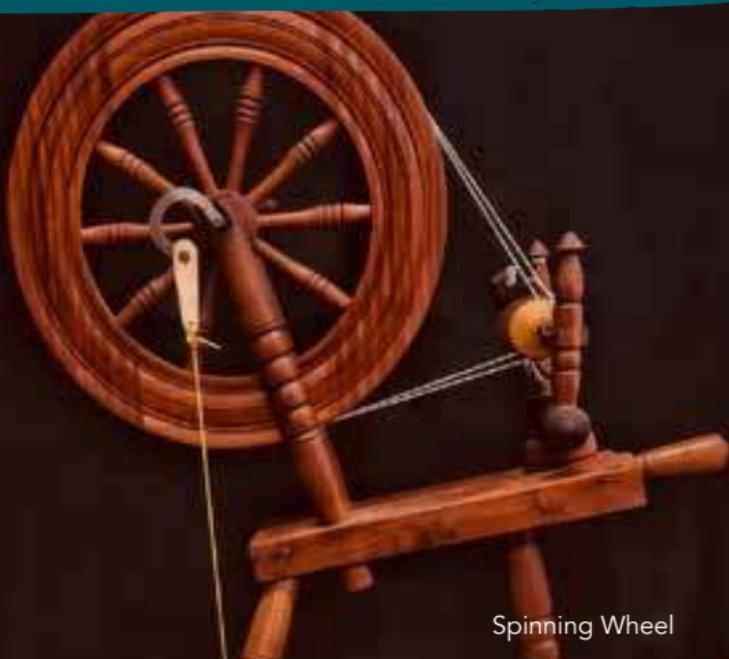
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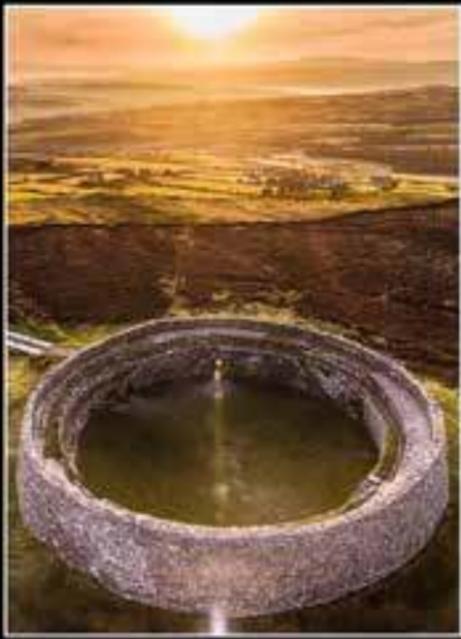
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Mussels

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# TANK & SKINNY'S

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With its impressive outdoor floral displays, particularly in the summer months and its trademark photo and memorabilia-lined walls inside, the pub is also the home of traditional Irish music. You can hear some of Ireland's top musicians every Wednesday night and the session has been a midweek staple in Buncrana for years and always draws a crowd.

One of the most popular pubs in the town for locals and visitors alike, and within walking distance to most restaurants in the town, it's an ideal place to spend your evening out on the town. The pub is at the heart of the community, and regularly runs charity events in the bar, and has begun a new trend with their OTB (Out the Back) Festival.

There are always lots of promotions in the bar, and the cocktails are definitely worth a try. The menu changes regularly so why not call in today and find out what's on offer!



The OTB is a popular Music Venue to the rear of O' Flahertys Bar Buncrana where some of Ireland's best talent perform. As well as catering for music acts regularly this venue can also be hired for private parties and it's a venue to celebrate your most important occasions. The staff at O' Flaherty's Bar will ensure that you have an occasion for your family and friends to remember.

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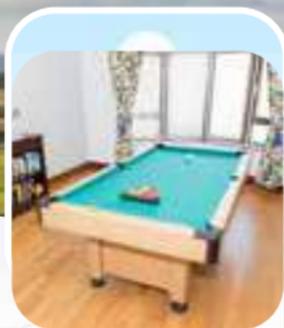
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## SANDROCK HOLIDAY HOSTEL

IS AT MALIN HEAD, IRELAND'S MOST NORTHERLY POINT



Located at the sea front above a pier and slipway overlooking the headlands of Inishowen and Fanad Peninsulas. The hostel offers modern budget accommodation with up to date facilities, including a large double self catering kitchen, dining and lounge area with comfortable bunk beds in ensuite dormitories. Free WIFI, cycle hire,

musical instruments, walking routes in different languages and maps available for all guests. See website for much more detailed information including under 'TRAVEL' details of bus connections to and from hostel and much more about pubs, restaurants and shops etc. in Malin Head.

Port Ronan Pier, Malin Head, Inishowen Peninsula, Co. Donegal

t: 00353 (0)86 3256323

e: [sandrockhostel@gmail.com](mailto:sandrockhostel@gmail.com) / [www.sandrockhostel.com](http://www.sandrockhostel.com)

9.9 RATING ON HOSTELWORLD.COM

# TULLYARVAN MILL HOSTEL



A 19th century renovated corn mill situated on the 'Wild Atlantic Way' approx, 1.5km from the seaside town of Buncrana. The 51-bed hostel has 2 x 12 bed dorms, 4 Family Rooms & 1 Double/Twin. All equipped with en-suite shower & toilet facilities. Single Rooms on request. Rooms with disabled en-site facilities available. FREE WiFi & Free Car Parking.



Community, Enterprise & Cultural Centre,  
Mill Lane, Buncrana, Inishowen, Co. Donegal.



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**BALLYLIFFIN**  
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Tess Rose Ocean Spa Thermal Suite



Roof Top Garden Canadian Hot Tubs





# McGrory's

SINCE 1924

HOTEL



McGrory's Hotel is a family owned hotel with a reputation for providing a unique experience through award winning food and drink, friendly service and a great night's sleep as well as traditional music. The hotel consists of 17 comfortably styled bedrooms, a restaurant, two relaxed authentically Irish bars. It is the perfect location to explore the Wild Atlantic Way with nine discovery points only a scenic drive away. Located minutes from Culdaff beach with swimming, canoeing, surfing, sea and shore angling only a short drive away. It is the perfect to escape the pressures of the outside world and experience Donegal at it's best.

Main Street, Culdaff, Inishowen Co Donegal

Tel: 00353 (0) 749379104 • [info@mcgrorys.ie](mailto:info@mcgrorys.ie) • [www.mcgrorys.ie](http://www.mcgrorys.ie)

# THE STRAND HOTEL



A family run Hotel renowned for its hospitality, friendly service and homely wholesome food. Within 2 minutes of Pollan Beach and Eco Friendly Kids Playground. Overlooking Ballyliffin Golf Club The Strand Hotel Ballyliffin is ideally located for Golf, Surfing, Horse Riding, Beach & Hill Walking or a visit to Doagh Visitor & Famine Village. Explore The Wild Atlantic Way & Inishowen 100, visit Malin Head, Irelands most Northerly Point or just Relax and Recharge.

Open all year. Food served daily. Open 8am-Late.

BALLYLIFFIN, INISHOWEN, Co. DONEGAL // TEL: +353 (0)74 93 76107

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The Harbour Inn is a modern 30 bedroom, family run Inn beautifully located in Buncrana, Co. Donegal. Situated on the hillside overlooking the beautiful sandy beaches of Lough Swilly & the greens of The Northwest Golf Club.

For top class home cooked food, served in beautiful comforts, The Harbour Inn, has what you need.

The Harbour is perfect for a family getaway or short break with plenty to do for all, located at the start of the Inishowen 100 and right on the shores of the Wild Atlantic Way coastal route.

The Harbour Inn | Buncrana | Co. Donegal  
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[www.harbourinn.ie](http://www.harbourinn.ie)

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★ ★ ★  
*The Frontier Hotel*



The Frontier Hotel is a family run traditional hotel. Renowned for our 3 star accommodation, fine dining and friendly staff. Situated in Bridgend, at the gate of the Inishowen peninsula and the Border of Derry, the Frontier Hotel is the perfect location for exploring Inishowen and beyond.



Bonemaine, Bridgend F93 XH29

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📘 @TheFrontierHotel

✉ [thefrontierhotel@hotmail.com](mailto:thefrontierhotel@hotmail.com)

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# AN GRIANAN HOTEL

Burt, Co. Donegal

## AN GRIANAN HOTEL

Located in the Blissful village of Burt in stunning Inishowen. Our Hotel stands proud as a beacon for providing only the highest of standards for all our services.

The An Grianan Hotel offers the perfect location for a Romantic relaxing break or can cater as your base to explore the wonderful Inishowen Peninsula and bordering Derry – Londonderry and the North Coast.

The Hotel boasts 43 tastefully decorated rooms, each room offering; Free Wi-Fi, Flat screens TV's, In Room Safe, Tea/Coffee Making facilities and much more.

## FORT BAR & LOUNGE

Serving Daily from 12.30 – 8:45pm  
(View our new menus online)

A cosy and friendly bistro styled atmosphere. Offering Live Sport on large flat screen TV's and Live music and entertainment every Saturday night.

You can even enjoy a relaxing drink in our heated beer garden and soak up some rays in the fresh Donegal Air.

## Sundays Suit 'U'

Indulge with our new Sundays Suit 'U' Menu from 12.30pm – 8:45pm  
A menu that offers a unique selection of options including only the best of locally sourced meat & fish.

*Make It Special, Make It An Grianan*

The North West's Premier Wedding Venue

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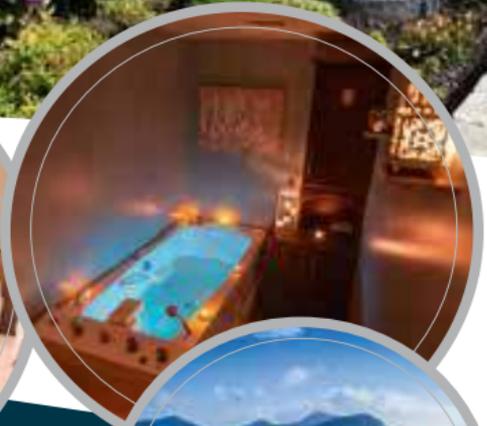
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# BALLYLIFFIN LODGE



Co. Donegal



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# Retail



## CROSSAN JEWELLERS

Crossan's Jewellers is a family run business, in the bustling seaside town of Buncrana. We offer a large range of Celtic jewellery and giftware, all of which is available to view and order online.



Crossan Jewellers,  
26 Lower Main Street, Buncrana, Co. Donegal  
Tel: 074 9361454 Email: [crossanjewellers@gmail.com](mailto:crossanjewellers@gmail.com)  
 / [crossanjewellers](https://www.facebook.com/crossanjewellers) // [www.crossanjewellers.com](http://www.crossanjewellers.com)

## Carndonagh Nursery & Garden Centre

*Come and visit Ireland's most Northerly Nursery and Garden Centre located on the Wild Atlantic Way. We stock a large selection of plants, including Trees Shrubs Hedging unusual Perennials Seaside plants, bedding plants, Containers and Baskets indoor plants and garden sundries. Horticultural advice and garden design service available.*

**OPEN ALL YEAR**  
Mon - Sat 8.30am - 5.30pm  
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Tel: 074 93 74540  
Moss Road, Carndonagh, Inishowen,  
Co. Donegal F93 A897





# HEGARTY'S

## Home Interiors

Located on Buncrana Main Street, Hegarty's is Inishowen's largest interiors showroom specialising in furniture, flooring, mattresses and electronics.

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## *Lough Swilly Marina Ltd.*



Price per metre. 12 months €185; 6 summer months €140. Weekly, monthly and daily rates available. Lough Swilly Marina is located at Fahan, on the western side of the Inishowen Peninsula. The Marina can currently accommodate up to 200 boats of various sizes.

MARINA OFFICE, FAHAN, INISHOWEN, Co. DONEGAL Tel: 074 9360008  
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## What's On

Scan the QR code to find up-to-date  
information on what's on in Inishowen





# FORT DUNREE

History,  
Wildlife, Walks,  
Water Sports  
and the most  
scenic coffee  
shop in Ireland!



Fort Dunree is located about seven miles north of Buncrana on the Inishowen Peninsula in County Donegal. The site is situated along the shores of Lough Swilly commanding a majestic view of the Lough and its shorelines. Near to the spot where Wolfe Tone was brought ashore in 1798 a small fort was erected to guard against the possible return of a French invasion fleet. In the late 19th Century the fort was modernised and enlarged with the building of the "Top Fort" on Dunree Hill. During World War I it stood guard whilst Admiral Lord Jellicoe's Fleet anchored in Lough Swilly prior to engaging the German Navy at the Battle of Jutland. Control of the Fort was transferred to the Irish Free State just before World War II.

The Fort Dunree heritage museum complex was originally opened to the public in 1986, and has provided interest for the tourists of all ages ever since. It has also been a source of great pleasure and reminiscence for those of a military background, whether having served at the post or just been involved in its military history.

In its natural spectacular setting, Fort Dunree is rich in wildlife, some of it unique to the area. This is explained by a beautiful wildlife exhibition with sea life and birdlife displays. A Discovery Point on the Wild Atlantic Way, Fort Dunree houses a Military Museum, Wildlife Discovery Room and a network of walkways that are a must for any visitor to the Inishowen Peninsula. In recent years Pier facilities have been developed on site so that Kayaking, Snorkelling and Coasteering can now be booked in association with Inish Adventures.

The Coffee Cup at Fort Dunree offers visitors a range of food prepared on site so sit back and enjoy "The most scenic Coffee Shop in Ireland"!





# EXPLORE INISHOWEN

With sincere thanks to those who provided imagery for this guide.

## Explore Inishowen CLG

Inishowen Tourist Office

Railway Road, Buncrana, Inishowen, County Donegal.

+353 (0)74 93 63451 / [info@govisitinishowen.com](mailto:info@govisitinishowen.com)

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